

17th Hongkong Bank Foundation Elite Coaches Seminar

Organiser :  香港教練培訓委員會
Hong Kong Coaching Committee

and

 All-China Sports Federation
中华全国体育总会

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Winning Systems for Elite Coaching

23 & 24 January 2010 (Saturday & Sunday)

Jockey Club Lecture Theatre, Olympic House

Schedule

23 January 2010 (Saturday)

1330 - 1400 Registration

1400 - 1415 Opening Ceremony

1415 - 1515 **“China’s Elite Training System and Scientific Support” (Putonghua)**

Jiang Zhi-xue, General Director of the Science and Education Department of the General Administration of Sport of China

Jiang Zhi-xue is the General Director of the Science and Education Department of the General Administration of Sport of China. He is responsible for the development of Science, Education and Anti-Doping Control in China. He will share with us how the elite training system incorporating scientific support makes China a leading nation in sport.

1515 - 1615 **“Successful Elite Training System” (English)**

Robert P Gambardella, Chief for Sports Development Group and Singapore Sports Institute, Singapore Sports Council

Bob Gambardella is currently the Chief for Sports Development Group and Singapore Sports Institute. Previously he was working as a senior executive member of the US Olympic Committee and instrumental in elite sport systems evaluation and delivery. With a strong high performance coaching and sport management background, Gambardella will share with us his insights on best practice high performance systems and an integrated approach to developing athletes, coaches and National Sports Associations across the development pathway.

1615 - 1630 Tea and Coffee Break

1630 - 1715 **“Talent Identification and Training Elite Fencing Athletes” (Putonghua)**

Zhang Shuang-xi, Former Head Sabre Coach of the China National Fencing Team

Coach Zhang is the coach who introduced Zhong Man, the gold medalist in the Individual Sabre Event at the 2008 Olympic Games to fencing. He has trained Zhong for ten years since 1997 and built up a good foundation for Zhong’s success. He will share with us on how to best utilize the resources to train up elite athletes.

1715 - 1800 **“Support to Elite Athlete Training” (Putonghua)**

Li Xiao-dong, Coach of the China National Table Tennis Team

Coach Li is a renowned professional and has coached the China National Table Tennis Team for 20 years, supervising a number of well-known athletes such as Liu Guo-liang, Wang Tao, Wang Nan and Wang Li-qin. He also led the China Men’s Table Tennis Team to the gold medal achievement at the Beijing 2008 Olympic Games. He will share with us how the winning systems for elite coaching and coaches’ guidance provide the best support for athletes and maintain their top performance in pursuit of sports excellence.

24 January 2010 (Sunday)

0900 - 0930 Registration

0930 - 1030 **“Medical Support in preparation for Major Games” (Cantonese)**
Dr. Julian W Chang, Hon. Medical Advisor of the Sports Federation and Olympic Committee of Hong Kong, China and Chairman of the Medical Committee of the East Asian Games Association

Dr. Chang was the Chief Medical Officer for the Hong Kong Delegation at the 2004 and 2008 Olympic Games. With his extensive expertise and experience in Major Games, he will give advice to coaches on what to be aware of in planning for important competitions.

1030 - 1115 **“Elite Training System in Hong Kong” (English)**
Dr. Trisha Leahy, Chief Executive of the Hong Kong Sports Institute

Dr. Leahy is the Chief Executive of the Hong Kong Sports Institute which is responsible for providing an environment in which athletes can develop to achieve excellence in international sport. Targeting all aspects of athlete’s medical, physiological, psychological, social support and welfare needs, Hong Kong’s elite training system is underpinned by a biopsychosocial model. Dr. Leahy will explain how this model informs the key elements of Hong Kong’s elite training system.

1115 - 1130 Tea and Coffee Break

1130 - 1215 **“Development of Psychological Support for Hong Kong Athletes in Major Games” (Putonghua)**
Dr. Si Gang-yan, Sports Psychologist of the Hong Kong Sports Institute

Dr. Si has been a Sports Psychologist at the Hong Kong Sports Institute and supported the Hong Kong elite athletes for over ten years. He is also the Secretary General, International Society of Sport Psychology and a consultant to the All-China Sports Federation for the 2008 Olympic Games. He will highlight how sports psychology has become a core component within the elite training system and enhanced athletes’ performance at Major Games.

1215 - 1300 **“Effective Management and Training Tips for Athletics” (Putonghua)**
Yu Wei-li, Former Deputy Coach of the China National Athletics Team

After winning a silver medal in the 4x100M relay at the 7th Asian Games in 1974, Coach Yu began his coaching career and has been managing the China National Athletics Team for 30 years. He will cover some training tips in relay events and share his experience in managing the National Athletics Team.

1300 - 1415 Lunch

1415 - 1430 Registration

1430 - 1515 **“Road to Success – Hong Kong Football ” (English)**
Kim Pan-gon, Head Coach of the Hong Kong Football Team

Coach Kim was the recipient of the Hong Kong Top Footballer Awards in 2003 and is now the manager of the South China Athletics Association Football Team and the Head Coach of the Hong Kong Football Team. He led the Hong Kong Football Team to their historic gold medal in the Hong Kong 2009 East Asian Games. He will share with us on the preparation, challenges and winning factors in training the Hong Kong team.

1515 - 1600 **Open Forum: The role of Coaches in the Winning Systems**
Moderator: Prof. Chung Pak-kwong, Head and Professor of the Department of Physical Education of the Hong Kong Baptist University

Language Medium : Cantonese, English and Putonghua (Simultaneous interpretation will be provided)