

ISSUE NO 60 , 12/2015

Coach Education Programme

I. New Sponsorship

The Hong Kong Jockey Club Charities Trust will be the funder of the Hong Kong Coach Education Programme for four years starting from November 2015. Member National Sport Associations will be informed of the new funding acknowledgement guidelines through the revised Handbook to be issued in March 2016.

II. Nominations Now Open for the 2015 Jockey Club Hong Kong Coaching Awards



The 2015 Jockey Club Hong Kong Coaching Awards are open for nominations starting from 1 December 2015 from National Sports Associations, Community Sports Clubs, District Sports Associations as well as Primary and Secondary Schools as a way of showing gratitude to our coaches/teachers for their tireless efforts behind the scenes. The awards are designed to recognise coaches'/teachers' contribution to sport from the grassroot to elite level. The recipients will be announced at a presentation ceremony in April 2016.

There are seven categories of awards:

- 1. Coach of the Year Awards
- 2. Coaching Excellence Awards
- 3. Best Team Sport Coach Award
- 4. Distinguished Services Award for Coaching
- 5. Coach Education Award
- 6. Community Coach Recognition Awards
- 7. School Coach Recognition Awards

More details can be found on the HKCC website at <u>www.hkcoaching.com</u> and on the HKSI website at <u>www.hksi.org.hk</u>.



III. New "Certificate in Advanced Sports Coaching Theory" Course

A new course, Certificate in Advanced Sports Coaching Theory course (ASC), which has been accredited by the Hong Kong Council for Accreditation of Academic and Vocational Qualifications (HKCAAVQ) at Qualification Framework (QF) Level 3, will be launched in March 2016.

In order to enhance the quality and the level of recognition of coach education programmes, the Hong Kong Coaching Committee (HKCC) reviewed the Sports-General Theory Course (Part A) in 2013 and launched the Foundation Certificate in Sports Coaching Theory course (FSC), accredited by HKCAAVQ at QF Level 2 in 2014. To facilitate coaches for further advancement in coaching career and to upgrade participants' academic qualifications, the Hong Kong Coaching Committee (HKCC) will now launch the ASC in 2016.

The ASC course follows a modular approach, which includes 10 modules and a 30-hour coaching practicum. The course duration is six months and graduates of ASC will be able to obtain 25 QF Credits upon graduation.



IV. Jockey Club Elite Coaches Conference

The 23rd Elite Coaches Conference was successfully held on 14-15 November 2015 in Chengdu, China. With the theme "Recovery in Elite Sports", the Conference attracted around 100 delegates from Mainland China and Hong Kong. The event was jointly organised by the Hong Kong Coaching Committee (HKCC) and the All-China Sports Federation and co-organised by Chengdu Sport University. Five professional experts in the field of sports recovery from Mainland China and Hong Kong shared their insight and expertise in sports recovery with the participants.



V. Jockey Club Continuing Coach Education Programme (CCEP)



Four CCEPs were held in May, August, September and October 2015 respectively with the theme on "Physiology in Sports Training", "Coaching Experience Sharing on Training HK Athletes for Olympics", "The Role of Coach on Anti-Doping Control" and "Sports Injury and Manipulative Therapy".



On 17 December 2015, a "Food for Sports Performance" seminar was held, with Ms Lisa Scullion, Sport Nutrition and Monitoring Manager of the HKSI sharing on the relationship between daily food control and exercise performance and explaining how to plan appropriate diet strategies for athletes for training and competitions in order to enhance their performance.



VI. NSA Briefing on QF courses

A NSA Briefing was held on 4 December 2015 to brief NSAs on the various enhancement and support measures for the Foundation Certificate in Sports Coaching Theory course (FSC) in order to meet NSAs' needs.

During the briefing, Dr Raymond Liu, the HKSI appointed Education Consultant, also introduced the new "Certificate in Advanced Sports Coaching Theory" course (ASC) to the NSAs. Over 20 NSA representatives joined the briefing session.